



MONUMENT TO THE DISCOVERIES PHOTO BY @PATICK\_DAVIS

**DAY 8 FREE TIME AND FLAMENCO IN SEVILLE**

**Relaxed Start.** Enjoy a relaxed start and a morning to unwind, shop or continue exploring this fascinating city at your own pace. Our suggestion is to join an **Optional Experience to the ancient city of Córdoba**, where you will visit the magnificent Mezquita and see the old Jewish Quarter. Later this afternoon, join a **MAKE TRAVEL MATTER** \* Experience as you visit the Cristina Heeren Foundation, a flamenco dance school and beneficiary of a TreadRight Foundation grant. Their mission is to promote the teaching and conservation of flamenco. Put your rhythm to the test during a dance lesson. (B)

**DAY 9 HEAD FOR GIBRALTAR, MIJAS AND THE COSTA DEL SOL**

Head south to Gibraltar, part of mainland Spain yet an overseas territory under British control since 1704. With your Local Expert, visit the Rock of Gibraltar and St. Michael's Cave. See the Barbary Apes, legendary guardians of the colony. Relax as you travel the scenic route along the Costa del Sol through high end resorts where the rich and famous holiday. Your journey continues through the green hills to the white-washed village of Mijas. Stroll through the old streets and gardens, taking in the views of the coast. (B) (DW)  
Meliá Costa del Sol, Torremolinos.

**DAY 10 AT LEISURE ON THE COSTA DEL SOL**

**Relaxed Start.** Enjoy the day at leisure on the sun-drenched Costa del Sol. Relax by the blue Mediterranean waters, stroll along the promenade, savour the specialties in the local restaurants or consider exploring Málaga, the birth city of Picasso. (B)

**DAY 11 DINING WITH LOCALS AND THE ALHAMBRA**

**Relaxed Start.** Continue to Alfarfatejo, a quiet whitewashed village, with a population of less than 500 people, surrounded by stunning mountainous landscape. Walk the town centre to see the 18th century Iglesia del Santo Cristo de Cabrilla. Travel to the oldest olive grove in the region and stop at the rural mill-factory to taste a selection of different oils, paired with locally made farmer bread.

*In small groups, you are invited into the home of a local family to join them for a delicious Highlight Lunch made of fresh, local produce with flavours typical of the region.*

Continue to Granada to visit the magnificent Alhambra Palace with your Local Expert. Built as a citadel by the Moors in the 13th century, it is a wonder of beautiful gardens, fountains and stone cut like lace. (B) (LW)

Vincci Albayzin, Granada.

**DAY 12 ON TO VALENCIA**

Journey to Valencia. Pass through the Old City to see its ancient gates, and the City of Arts and Sciences.

In your free time perhaps take a stroll to the Cathedral and El Miguelete? Alternatively sit back with a drink and watch the Valencians go about their day.

*Valencia is home to one of the world's greatest dishes, paella. Meet the chef of a local family-run restaurant in the heart of the Old City and learn how to make this local specialty during a Cooking Demonstration. Later, indulge in the delicious flavours of this classic dish at your Highlight Dinner.* (B) (DW)

Barceló Valencia.

**DAY 13 ALONG THE COAST TO PEÑÍSCOLA AND ON TO BARCELONA**

Follow the coast to Peñíscola to view the sea-lapped castle used in the film 'El Cid'.

*At Cava Bodegas in Sant Sadurni d'Anoia, enjoy a delicious light lunch and savour a tasting as you learn the sparkling secrets of Spanish bubbly. Continue along the coast to reach Barcelona.* (B) (LW)

Meliá Barcelona Sarrià, Barcelona.

**DAY 14 BARCELONA SIGHTSEEING**

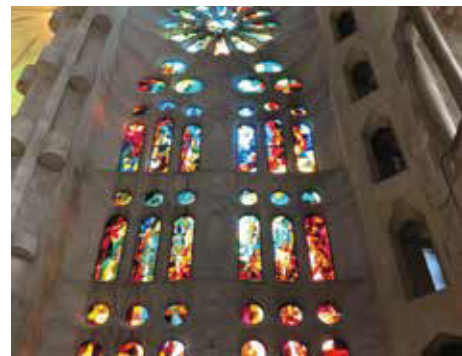
**Relaxed Start.** A Local Expert joins you for a drive along the Passeig de Gràcia, adorned with elegant wrought-iron street lamps and some of the most flamboyant Modernist buildings. Continue through the Eixample district to visit Gaudi's extraordinary masterpiece, the Sagrada Família. See the central nave with its giant, tree-like pillars, spectacular vaulting and the beautiful rainbows flooding in through the intricate stained-glass windows. At a local restaurant, join your fellow travellers to toast to newfound friends and a wonderful journey, enjoying a Celebration Dinner with wine. (B) (DW)

**DAY 15 DEPART BARCELONA OR MADRID**

Departure transfers arrive at Barcelona airport at 07:00, 09:00 or 11:00. The 09:00 transfer continues on to Madrid airport and hotel in the early evening. (B)



TOP RATED HIGHLIGHT See the modern City of Arts and Sciences. (Photo by @Insight\_Sabrina, Day 12, Valencia)



TOP RATED HIGHLIGHT Explore Sagrada Família with your Local Expert (Photo by @sueinsight, Day 14, Barcelona)

# TREASURES OF SPAIN, PORTUGAL & MOROCCO

"This trip is enjoyable from an historical and cultural point of view. It traces the Moorish dominance of Iberia for nearly 800 years. Guests get to see, feel, taste and experience this influence."  
 – Simon, Travel Director



CASABLANCA, MOROCCO



ALHAMBRA PALACE, GRANADA



LISBON

## TRIP START DATES

2023	2024
MAR   18, 25	MAR   16, 23
APR   15, 22, 29	APR   13, 20, 27
MAY   06, 13, 20, 27	MAY   04, 11, 18, 25
JUN   03, 10, 17, 24	JUN   01, 08, 15, 22, 29
JUL   01, 08, 15, 22, 29	JUL   06, 13, 20, 27
AUG   05, 12, 19, 26	AUG   03, 10, 17, 24, 31
SEP   02, 09, 16, 23, 30	SEP   07, 14, 21, 28
OCT   07, 14, 21, 28	OCT   05, 12, 19, 26
NOV   11	NOV   09

For full dates and prices, and to choose your group size, visit [insightvacations.com/treasurespain](https://insightvacations.com/treasurespain)

## REGIONAL JOURNEY

ACTIVITY LEVEL: BALANCED

17 DAYS

4 COUNTRIES

23 MEALS

19 INCLUDED EXPERIENCES

**feefo** 4.3<sup>5</sup>

GUEST REVIEW ★★★★★

## MAKE TRAVEL MATTER

**Seville:** The Cristina Heeren Foundation aims to promote the teaching and conservation of flamenco and is a beneficiary of a TreadRight Foundation grant. Meet the students, learn some basic flamenco steps, and watch them perform an emotional show.

## INSIGHT EXPERIENCES

**Madrid:** Witness the world's finest collection of Spanish paintings, plus an impressive international collection, as you tour the Prado Museum with an art historian.

Visit Alhambra Palace and Generalife Gardens.

## INSIGHT CHOICE

**Seville:** Choose to walk through the old Jewish quarter with a Local Expert. Alternatively, join a panoramic tour of the city.

## AUTHENTIC DINING

Welcome Dinner in Madrid • Celebration Dinner in Madrid.

Taste Pastéis de Belém in Lisbon • Olive oil in Alfaratejo.

## TOP RATED HIGHLIGHTS

Travel across the Straits of Gibraltar between Europe and Africa. Visit Chapel of the Apparitions in Fátima • Jerónimos Monastery • Seville Cathedral • Bahia Palace • Fes Medina.