

## TRIP START DATES

2023	2024
MAY   10, 24	MAY   08, 22
JUN   07, 21	JUN   05, 19
JUL   05, 12, 19	JUL   03, 10, 17, 31
AUG   02, 09, 16, 30	AUG   07, 14, 28
SEP   06	SEP   04

For full dates and prices, and to choose your group size, visit [insightvacations.com/crscandinavia](https://insightvacations.com/crscandinavia)

Why not combine this trip with **Grand Scandinavia** to fully experience the region? See **Scandinavian Heritage** on our website.

### REGIONAL JOURNEY

ACTIVITY LEVEL: **BALANCED**

12 DAYS

2 COUNTRIES

16 MEALS

17 INCLUDED EXPERIENCES

**feefo** 4.3

GUEST REVIEW ★★★★★

### MAKE TRAVEL MATTER

**Copenhagen:** For your Celebration Dinner enjoy a meal at **Cofoco**, a restaurant leading the way in minimizing food waste and acting for a sustainable future.

### INSIGHT EXPERIENCE

**Lyngdal:** Tour the Wild Salmon Centre with a biologist guide, learn about protecting salmon populations and the local ecosystem.

### INSIGHT CHOICE

**Aarhus:** Choose to join a Local Expert and visit the **Den Gamle By Open-Air Museum**, offering a trip through 300 years of Danish culture. Alternatively, walk through the **Botanical Gardens** with your Local Expert and learn about Danish nature and flora.

### AUTHENTIC DINING

Dinner with Wine at **Zupperia Matbørsen** in Bergen • Farm-to-Table Dinner in Aarhus.

### TOP RATED HIGHLIGHTS

Travel the fjords from Bergen to Stavanger • Cruise Lysefjord • Cruise across the Skagerrak from Kristiansand to Hirsthals

Visit the **Hans Christian Andersen Museum** in Odense.

City tours of Oslo, Bergen, Aarhus and Copenhagen, all with Local Experts.

# COUNTRY ROADS OF SCANDINAVIA

"One thing I really love about Norway is how people have lived and flourished for thousands of years in harsh, unforgiving yet stunningly beautiful landscapes." – Chad, Travel Director



@INSIGHTCHAD SHARING ONE OF MANY #INSIGHTMOMENTS FROM LYNGDAL, NORWAY



ARSVAGEN COASTLINE, NORWAY



ROSENBORG CASTLE, COPENHAGEN



### DAY 1 WELCOME TO OSLO

On arrival at Oslo airport, your transfer will leave for the hotel at 09:30, 12:00 or 14:30.

Join your Travel Director and fellow guests at 17:30, to enjoy a Welcome Dinner with wine.(DW)

Thon Hotel Europa, Oslo.

### DAY 2 COSMOPOLITAN OSLO

Relaxed Start. Sightseeing with a Local Expert includes views of Akershus Castle and the Royal Palace. Walk around the Opera House and marvel at the striking contemporary architecture of the new Bjorvika district. Wander through Frogner Park, with its intriguing sculptures by Gustav Vigeland. The afternoon is at your leisure to continue exploring as you wish. Perhaps join an Optional Experience to the most modern ski jump in the world? (B)

### DAY 3 OSLO CITY TO COASTAL BERGEN

Journey across the Hardanger Plateau, the largest national park in the Nordic countries, to arrive at the historic port of Bergen.

Join your Travel Director for a city orientation and hear about the seafaring traditions of this beautiful harbourside town.

This evening, savour a delicious dinner at a local restaurant. (B) (DW)

Thon Hotel Rosenkrantz, Bergen.

### DAY 4 ANCIENT HANSEATIC PORT OF BERGEN

Relaxed Start. A Local Expert introduces you to Bergen with a visit to Bryggen, a UNESCO World Cultural Heritage Centre. Explore its beautiful wooden houses, see the 14th century Haakon's Hall and stroll through the lively fish market with its many stalls.

Enjoy free time to explore all that this exciting town has to offer. Perhaps spend a leisurely afternoon on the traditional train of the Flåm Railway?(B)

### DAY 5 A COASTLINE LIKE NO OTHER

Relaxed Start. Travel along this incredible coastline and sail across fjords to reach Stavanger, founded almost 900 years ago. Now the headquarters of the Norwegian oil industry, Stavanger is a fusion of old world charm and cosmopolitan flair. (B)

Thon Hotel Maritim, Stavanger.

### DAY 6 THE WONDERS OF LYSEFJORD

Relaxed Start. Cruise through Lysefjord, one of Norway's most breathtaking fjords and be charmed by its stunning natural beauty. See the Preikestolen plateau and Pulpit Rock, a plunging cliff face and one of the most iconic places in Norway. You will also see the mysterious Vagabond's Cave and enjoy the fjord landscape through panoramic windows or from the sundeck. The afternoon is at your leisure to relax or continue exploring Stavanger. (B)

### DAY 7 LYNGDAL AND KRISTIANSAND

In Lyngdal, tour the Wild Salmon Centre with a biologist guide, learn about protecting salmon populations and the local ecosystem. Observe the majestic fish in their own environment, via a unique indoor 'staircase' and viewing area. Your scenic drive



**TOP RATED HIGHLIGHT** Explore Denmark's capital with your Local Expert. (Photo by @Aimzilla88, Day 11, Copenhagen)

around the southern cape of Norway brings you to Kristiansand.

An orientation walk will show you the Dom Kirke and Nupen Fountain.

Savour a delicious dinner at a local restaurant. (B) (D)

Thon Hotel Parken, Kristiansand.

### DAY 8 KRISTIANSAND TO AARHUS

Sail across the Skagerrak to Hirtshals, Denmark. Continue to Aarhus, one of Europe's cultural treasures with world-class museums and modern art.

Explore Aarhus with Insight Choice. Choose to join a Local Expert to visit Den Gamle By Open-Air Museum, offering a trip through 300 years of Danish culture. Walk among historic houses relocated from all over the country and see traditional workshops. Alternatively, take a walk in the Botanical Gardens with your Local Expert. Learn about Danish nature and flora, as well as international plants in the Tropical Houses.

Join your fellow travellers for a Farm-to-Table dinner of delicious regional specialties made from locally sourced and seasonal ingredients.(B) (D)

Comwell Hotel, Aarhus.

### DAY 9 HISTORIC AARHUS

Relaxed Start. Join your Local Expert for an exploration of the city centre. See the City Hall, AROs Aarhus Art Museum — topped with an immense and interactive artwork — and Dokk1, the largest public library in Scandinavia. Walk through the cathedral neighbourhood and visit the new township for splendid views of Aarhus Bay. The afternoon is free to explore at your own pace. (B)

### DAY 10 ODENSE AND THE FAIRYTALES OF FYN

Relaxed Start. Cross the Jutland Peninsula to the town of Odense, on the island of Fyn. Visit the Hans Christian Andersen House and explore the author's creative universe. The newly opened, innovative exhibition is a remarkable homage to one of the most famous Danes. In the evening, visit the glittering lights and enchanting atmosphere of the world-famous Tivoli Gardens. (B)

Radisson Blu Scandinavia Hotel, Copenhagen.

### DAY 11 WONDERFUL COPENHAGEN

Relaxed Start. Meet your Local Expert and pay a visit to Hans Christian Andersen's iconic Little Mermaid statue. Later, see Christiansborg Palace, Rosenborg Castle, Amalienborg Palace, the Renaissance Stock Exchange, Copenhagen Cathedral and the unusual Round Tower. The afternoon is at your leisure.

Join a MAKE TRAVEL MATTER \* Experience at the Cofoco restaurant and enjoy a delicious Celebration Dinner of sustainable ingredients, as you toast to the end of your Scandinavian adventure. (B) (DW)

### DAY 12 DEPART COPENHAGEN

Departure transfers arrive at Copenhagen airport at 06:30, 09:00 and 12:00. (B)



#### KEY

Join/Leave Options

**1** Central Hotels + Nights

Place Visited

Cruise

#### CHOOSE YOUR GROUP SIZE

This trip operates both classic and small group departures. You can also book your own private group with as few as 12 travellers.



Use the camera on your smart phone to view the full details of this trip on our website.